

An analysis of communication patterns

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Supported by Priyadarshni Academy Mumbai India

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Abstract :

AACCI (Association of Adolescent and child care in India) is a recently formed NGO from Mumbai. It works for children and youth through parents and teachers in schools and colleges. One of its main aims is Life skill education LSE for teens. Through life skill approach it aims at prevention of life style disorders and promotion of mental health. In the period July 08 to January 09 AACCI held LSE Workshops in 3 colleges from South Mumbai, a fairly socially advantaged area of a large cosmopolitan metropolis. Each workshop had around 31 students each. This was the first time that the students and teachers had heard of life skill education program and participated in one.

In conclusion :

Communication patterns today are seen to be more effective and efficient. the LSE workshops will contribute towards building an awareness and restoring the self confidence in the participants. They are certainly beneficial in helping the youth to be compliant yet assertive.

Acknowledgement :

We gratefully acknowledge the willing participation of all the students from the LSE workshops in filling the questionnaire. We thank Mr Nanik Rupani and Priyadarshni Academy for the financial support for the workshops that enabled our research and the management of three colleges for their cooperation in holding the workshops.