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Abstract for oral paper presentation

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Title:

Can LSE be effective in a Webinar mode? AACCI experience with college girls during Covid lockdown

Background

Over last 15 years, AACCI regularly conducts many workshops for school and college students including LSE. AACCI has a customized 16-hour LSE module. In covid lock down it was important to increase the **resilience** of young people by empowering them with coping skills. This paper shares our experience on effectiveness of Digital mode of LSE workshop with college girls.

Objective

- 1) Assess the effectiveness in a webinar mode to continue LSE online for empowering female AYAs when live sessions were not possible

Methods

Sample -200 female college students from 2nd and 3rd year – from Home -Science stream, SVT college Mumbai- attending LSE for the first time.

Online, live-stream-based delivery platform - LSE workshop conducted -2 sessions over 2 days. 100 students (maximum for Zoom) with 4 faculty from AACCI.

Modalities used: a) Brain storming b) Role Play c) polling d) Pre and post session questionnaires e) direct feedback.

Results

Pre and post poll results – showed good impact of the digital mode: better understanding about of all the life skills. The participants enjoyed recorded role plays. They were able to identify and relate to various styles of communication and impact of non -verbal component.

Conclusions

In today's digital world, LSE can be done with webinars, without compromising the essence of training. It is very economical, easy to organize and time saving, for both faculty and participants and can reach out to a large number. However, compared to the results of impact evaluation seen by pre and post session questionnaires in our previous AACCI live sessions, this showed lesser effect. Wherever feasible live sessions should be preferred. We are continuing both.

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