



WELCOME TO
TRANSITIONAL PHASE

Successful IAHW 2020

in the diverse situation of Pandemic



International Adolescent Health Week 2020
15 - 21 March 2020



ASSOCIATION OF ADOLESCENT AND CHILD CARE IN INDIA

AACCI for TEACHERS, PARENTS, CHILDREN and YOUTH

Life is 😞 as..we make it 😊

aacciindia@gmail.com

www.aacci.in

INTERNATIONAL ADOLESCENT WEEK
CELEBRATION 2020

IAHW 2021

Celebrated with the same enthusiasm



ASSOCIATION OF ADOLESCENT AND CHILD CARE IN INDIA

AACCI for

TEACHERS, PARENTS, CHILDREN and YOUTH

Life is  as..we make it  OUR MOTTO...



IAHW

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

21-27 March 2021

An AACCI Collaboration

 www.aacci.in, www.aaccitrainingprograms.com

 aacci2019@gmail.com

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AACCI- ASSOCIATION OF ADOLESCENT AND

iIAHW

20-26 March

**INTERNATIONAL
ADOLESCENT
HEALTH WEEK**

2022

THEME: TRANSITIONS



AACCI- ASSOCIATION OF ADOLESCENT AND
CHILD CARE IN INDIA

IAHW

THEME: TRANSITIONS

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

2022

20-26 March

Goals:

- ✓ To increase recognition of the unique health issues facing adolescents worldwide by both adults and adolescents
- ✓ To increase engagement of adolescents in their own health decisions
- ✓ To stimulate events worldwide highlighting issues facing adolescents and ways to address them during International Adolescent Health Week.



AACCI- ASSOCIATION OF ADOLESCENT AND
CHILD CARE IN INDIA

iAHW

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

2022

THEME: TRANSITIONS

20-26 March

**WITH AACCI VOLUNTEERS
FROM ALL INDIA
FROM CENTERS AND
FORUMS**

AACCI CENTER
PUNE

AACCI CENTER
PCB PUNE

AACCI CENTER
MUMBAI

AACCI CENTER
NAVI MUMBAI

AACCI CENTER
DELHI

AACCI REGIONAL CENTER
NCR DELHI

AACCI REGIONAL CENTER
GUJARAT

AACCI REGIONAL CENTER
VIDHARBHA

AACCI REGIONAL CENTER
WESTERN MAHARASHTRA

AACCI REGIONAL CENTER
MARATHWADA

AACCI CENTER
INTERNATIONAL

AACCI FORUM
YOUTH FORUM

AACCI FORUM
PARENTS FORUM

AACCI FORUM
TEACHERS FORUM

AACCI FORUM
GRANDPARENTS FORUM



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Moshi, Pune - 411 039

Dr. Sandeep Kavade
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Pradhikaran, Pune - 411 039

Dr. Shailaja Mane
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C 12, FF, Malviya Nagar,
New Delhi - 110 017.

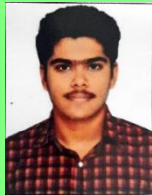
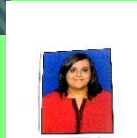
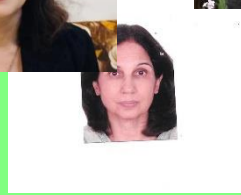
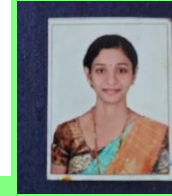
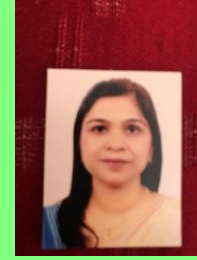
Dr. Anjali Saxena
M: +91 98986 31283

YOU can also Join as a VOLUNTEER

**AACCI
Volunteers
>200**



Agra	Nagpur
Ahmednagar	Nashik
Aurangabad	Navi Mumbai
Bangalore	New Delhi
Bhosari	Noida
Chandigarh	Prayagraj
Delhi	Pune
Ghaziabad	Rajnandgaon
Gurugram	Sangli
Ichalkarangi	Surat
Lakhanow	Thane
Manipal	Vadodara
Miraj	Valsad
Mumbai	Vellore
Mysore	







AACCI- ASSOCIATION OF ADOLESCENT AND
CHILD CARE IN INDIA

iAHW

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

2022

THEME: TRANSITIONS

20-26 March

Community Oriented Activities

Educational Activities

Public Awareness Activities

Competitions for Adolescents and Young

Competitions organized for adolescents and young people

Slogan Writing Competition

ADOLESCENT - TRANSITIONS

Tweet competition

(50 words)

MY ROLE AS AN ADOLESCENT

Essay Writing Competition

(1000 words)

**MY JOURNEY TOWARDS
ADULTHOOD**

Debate / Video / Audio Competition

WHO AM I ? –OLDER CHILD OR YOUNG ADULT?

**BEING ADOLESCENT - MY RIGHTS AND
RESPONSIBILITIES**

Poster Making Competition

MY ROLE AS AN ADOLESCENT

Quiz Competition

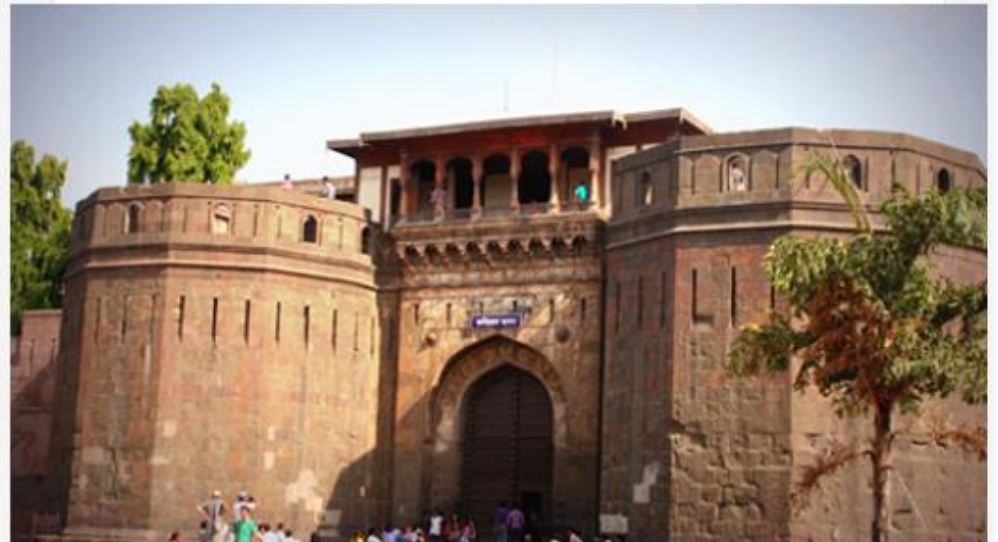
DO YOU KNOW ?

**– ADOLESCENT DEVELOPMENT, ADOLESCENT
RIGHTS AND RESPONSIBILITES**

AACCI CENTER
PUNE

**REPORT Prepared
by:**

Dr. Sampada
Tambolkar
Dr. Shailaja
Mane
Dr. Sharad
Agarkhedkar



Culture Crest, H 7, New Moshi
Pradhikaran, Sector No.6, Spine Road,
Pune 411039

Dr. Shailaja Mane (Center Incharge)
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Mental Health & Stress Management in Adolescents and Young Adults

AACCI Forum/Center	Pune
Name of Event	Session on mental health and stress management in adolescents and young adults
Venue	Dr. D.Y Patil Medical College
Date & Time	24 th March 10:30 am
Partner Organization	DPU, IAP.
Target Audience	Young adults(newly joined MBBS students)
Number of Attendees	56
Short description of event	Life skills and how to handle stress was emphasized
Panelists	Dr. Sampada Tambolkar, Dr. Shailaja Mane, Dr. Sharad Agarkhedkar.





Physical & Mental Health in Adolescence

AACCI Forum/Center	Pune
Name of Event	Session on mental health and stress management in adolescents and young adults
Venue	Kondhapur Village, Shri Ram Nagar, Khedshivapur
Date & Time	26 th March 2022, 4 pm.
Partner Organization	NSS, Bharati Vidyapeeth Engineering College.
Target Audience	NSS Cadets
Number of Attendees	60
Short description of event	Life skills and inculcating resilience was emphasized
Panelists	Dr. Sampada Tambolkar, Dr. Shailaja Mane, Dr. Savita Itkarkar.



Mental Health in Adolescents

Name of Partner organizations	Name of Activity	Date & Time	Venue - Virtual / Physical (Name of Venue)	Name of Faculties	Target Audience	Organizing Team
Bharati Vidyapeeth's College of Engineering for Women Pune-43	Slogan Competition	23/03/2022 Afternoon session	Shriram Nagar, On Pune-Satara National Highway, Tal: Haveli Dist: Pune	Prof. Savita Atul Itkarkar Prof. Dr. S. P. Kadam	NSS Volunteers Age: 18-21	AACCI Pune & BVCOEW
Bharati Vidyapeeth's College of Engineering for Women Pune-43	Debate on : Am I older child or young adult?	24/03/2022	Shriram Nagar, On Pune-Satara National Highway, Tal: Haveli Dist: Pune	Prof. Savita Atul Itkarkar Prof. Dr. S.P. Kadam	NSS Volunteers Age: 18-21	AACCI Pune & BVCOEW

AACCI CENTER

MUMBAI

REPORT Prepared
by:
Dr. Paula Goel



1 Floor, A Wing, Shiv Shakti CHS,
SK Bole Marg, Prabhadevi,
Mumbai 400 025

Dr. Paula Goel (Center Incharge)
M: +91 98703 60888



EVENT DETAILS

AACCI Forum /Center	
Name of Event	Workshop –Dealing with adolescents during Covid pandemic
Venue	Online
Date & Time	22/03/2022
Partner Organization	Fayth Clinic
Target Audience	Working mothers in Tata AIG
Number of Attendees	33
Name of Faculties	2
Short description of Event - if any	Interactive session dealing with problems faced by adolescents during Covid pandemic . Workshop was widely appreciated

People

Currently in this mee

- NS Niket Sawant
- AS Abhigna Shah
- NB Barot, Neha
- AB Bhendkar, Ais
- KB Bibwe, Kawalj
- SC Chadda, Sanji
- MC Chauhan, Mo
- NC Chavda, Nikit
- ND Devkar, Nidhi
- DG Dr Paula Goel
- DD Dr. Mansee D
- ND Dubey, Namr
- DG Gadiya, Deest

22:01

Yaru, Nihar

to search

35°C Smoke

Zoom video feeds showing individual participants.

People

Currently in this meet

- NS Niket Sawant ()
- A Anu (Guest)
- DG Dr Paula Goel ()
- DD Dr. Mansee Du
- ND Dubey, Namrat
- NG Gawali, Neha5
- PG Govekar, Pooja
- IN Isha Naidu (Gu
- PI Jadhav, Priyank
- RJ Jain, Ritv
- AJ Jha, Anjali1
- JB Jyoti Bharti (G
- CK Kale, Chetna1

01:34:22

Manish Khosla (Guest)

Jyoti Bharti (Guest)

DT

to search

35°C Smoke

Zoom video feeds showing individual participants.

MM DT PP RR TS SS AT AJ

to search

35°C Smoke



EVENT DETAILS

AACCI Forum /Center	
Name of Event	Workshop –Awareness to adolescent health
Venue	NMT School Mumbai
Date & Time	23/03/2022
Partner Organization	Fayth Clinic
Target Audience	Students of 9 th std
Number of Attendees	55
Name of Faculties	2
Short description of Event - if any	Discussed the various aspects of adolescent health physical & mental related to this age group . Students had an interactive session and was widely appreciated .





EVENT DETAILS

Name of Event	Onset of lifestyle disease during Covid pandemic
Venue	Fayth Clinic
Date & Time	24/03/2022
Partner Organization	Fayth Clinic
Target Audience	Community adolescents & youth team Fayth Clinic
Number of Attendees	35
Name of Faculties	2
Short description of Event - if any	Skit was conducted by teenagers of community along with the youth team of Fayth Clinic . More than 35 adolescents from community attended the event and shared the skit digitally in their network
Link of Recorded program – only if available	https://drive.google.com/file/d/1qdU_aBSDpagZBzc-zNI2odUNAxJ-nyLe/view?usp=sharing



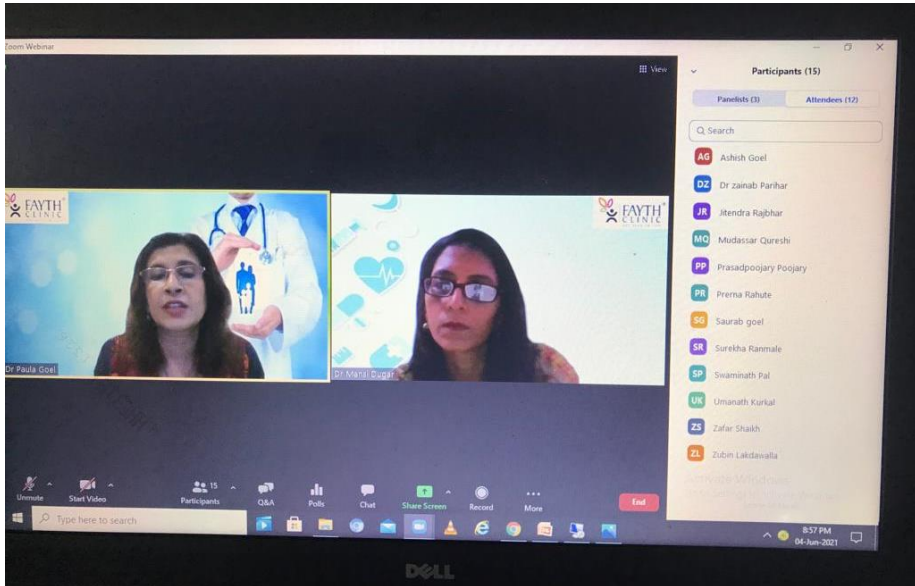
EVENT DETAILS

Name of Event	Addictions & mental health – skit
Venue	Fayth Clinic
Date & Time	25/03/2022
Partner Organization	Fayth Clinic
Target Audience	Community adolescents & youth team Fayth Clinic
Number of Attendees	40
Name of Faculties	2
Short description of Event - if any	More than 40 adolescents from community attended the event and shared the skit digitally in their network . The students were very interactive and are looking forward to having more such activities .
Link of Recorded program – only if available	https://drive.google.com/file/d/1z1sO BjcNQUI5WjINw AaeovB0Z8t5oW1/view?usp=sharing



EVENT DETAILS

Name of Event	Menstrual problems in adolescents
Venue	Fayth Clinic
Date & Time	26/03/2022
Partner Organization	Online
Target Audience	9 th std students NMT School Mumbai
Number of Attendees	56
Name of Faculties	2
Short description of Event - if any	The students attended the zoom session . Session was interactive and was well appreciated .
Link of Recorded program – only if available	



AACCI CENTER

NAVI MUMBAI



**REPORT Prepared
by:**

**Dr. Kalyani Patra
Dr. Shruti Kalkekar**

A 16 Poorna CHS, Plot 24C, Sec 14,
Vashi, Navi Mumbai 400703

Dr Shilpa Prashant Aroskar
(Center Incharge)


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EVENT DETAILS

AACCI Forum /Center	AACCI Navi Mumbai, Youth Forum
Name of Event	“Am I a smart and popular boy?”, Am I a smart and Popular girl?” Talk by Dr. Newton Luiz
Venue	Virtual
Date & Time	14 th March 2022, 3-5 pm
Partner Organization	AHA and IAP Navi Mumbai
Target Audience	Adolescent
Number of Attendees	350
Name of Faculties	Dr. Newton Luiz
Short description of Event - if any	
Link of Recorded program – only if available	https://youtu.be/h-yl4tvdRuM





ADOLESCENT HEALTH ACADEMY NAVI MUMBAI

Navi Mumbai Association of Pediatrics
IAP Navi Mumbai

Dr. Kiran Vaswani <small>President</small>	Dr. Chitra Kulkarni <small>Vice- President</small>	Dr. Kalyani Patra <small>Secretary General</small>	Dr. Shruti Kalkekar <small>Treasurer</small>
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IAHW


TEENYBOPPER MAGIC

Unraveling the Transition

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

2022

TALK FOR ADOLESCENTS




Speaker

Dr Newton Luiz


MD DCH DNB FIAP

14th March 2022



Am I a
Smart & Popular
BOY

3:00 to 4:00 pm



Am I a
Smart & Popular
GIRL

4:00 to 5:00 pm



Watch LIVE on

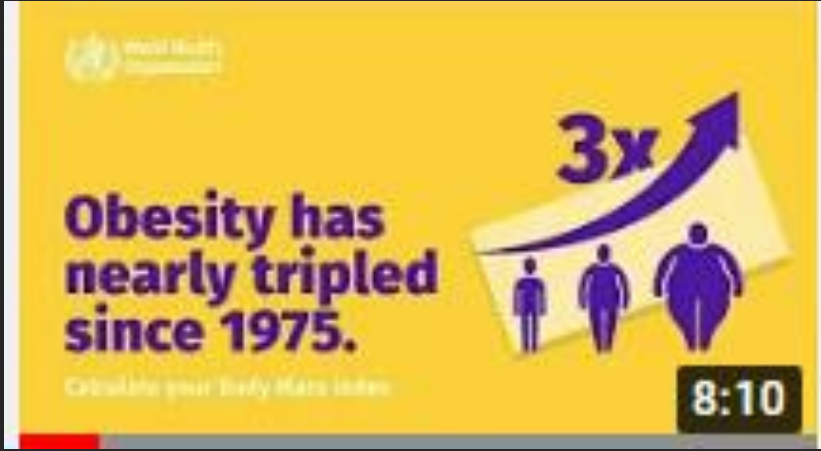
Official YouTube Channel of IAP Navi Mumbai

<https://www.youtube.com/iapnavimumbai>



EVENT DETAILS

AACCI Forum /Center	AACCI Navi Mumbai, Youth Forum
Name of Event	Stay Mighty: Only in Hearts  , not in Body  ! Childhood Obesity Video By Dr. Amog Shahane
Venue	Virtual
Date & Time	15 th March 2022
Partner Organization	AHA and IAP Navi Mumbai
Target Audience	Adolescent
Number of Attendees	300
Name of Faculties	Dr. Amog Shahane
Short description of Event - if any	Video on Adolescent Obesity by Dr. Amog Shahane
Link of Recorded program – only if available	https://youtu.be/SRXHV8W3KoQ



Stay Mighty: Only in Hearts ❤️, not in Body 🧠 | Childhood Obesity | Dr Amog Shahane | NaMAHA | NM...

THE METABOLIC SYNDROME

HEART DISEASE | LIPID PROBLEMS | HYPERTENSION | TYPE 2 DIABETES

DEMENTIA | CANCER | POLYSYSTIC OVARIAN SYNDROME | NON-ALCOHOLIC FATTY LIVER DISEASE

4:26 / 8:10

The infographic shows a central illustration of an obese man. To his right are eight circular icons, each representing a health condition associated with metabolic syndrome: a heart with a pulse line, a cluster of pills, a heart with a blood pressure cuff, a hand with a raised index finger, a brain with a target symbol, a green cancer cell, a pink ovary, and a dark liver.

Stay Mighty: Only in Hearts ❤️, not in Body 🧠 | Childhood Obesity | Dr Amog Shahane | NaMAHA | NM...

OBESITY

Body Mass Index, a universal index used to classify obesity and overweight is a simple ratio of a person body's weight to his/her height in sq. metres.

Before After

FromGreens

1:45 / 8:10

The slide features a blue background with the word 'OBESITY' in large red letters. Below it is a definition of Body Mass Index. Two cartoon illustrations of a person are shown side-by-side, labeled 'Before' and 'After', with the 'After' person being significantly larger. The FromGreens logo is at the bottom.

Stay Mighty: Only in Hearts ❤️, not in Body 🧠 | Childhood Obesity | Dr Amog Shahane | NaMAHA | NM...

ADOLESCENT HEALTH ACADEMY
NAVIMUMBAI

Dr. Kiran Vaswani President | Dr. Chitra Kulkarni Vice-President | Dr. Kalyani Petra Secretary General | Dr. Shruti Kalkekar Treasurer

Dr. Amog Shahane
Adolescent paediatrician

INTERNATIONAL ADOLESCENT HEALTH WEEK

0:16 / 8:10

The slide features a green and white background. At the top, it lists the names and titles of the board members of the Adolescent Health Academy, Navimumbai. In the center, there is a photograph of Dr. Amog Shahane, an adolescent paediatrician, speaking. The text 'INTERNATIONAL ADOLESCENT HEALTH WEEK' is visible at the bottom.



EVENT DETAILS

AACCI Forum /Center	AACCI Navi Mumbai, Youth Forum
Name of Event	“Mental Health Treasure to Find” Talk by Dr. Harish Shetty
Venue	Virtual
Date & Time	16 th March 2022, 3:30 to 5 pm
Partner Organization	AHA and IAP Navi Mumbai
Target Audience	Adolescent
Number of Attendees	410
Name of Faculties	Dr. Harish Shetty
Short description of Event - if any	The session was moderated beautifully by NaMAHA Treasurer Dr Shruti Kalkekar
Link of Recorded program – only if available	https://youtu.be/kiXdfsr6ZE8





Navi Mumbai
Association
of Pediatrics
IAP Navi Mumbai



ADOLESCENT HEALTH ACADEMY
NAVI MUMBAI



Navi Mumbai
Association
of Pediatrics
IAP Navi Mumbai



ADOLESCENT HEALTH ACADEMY
NAVI MUMBAI

Dr. Kiran Vaswani
President

Dr. Chitra Kulkarni
Vice- President

Dr. Kalyani Patra
Secretary General

Dr. Shruti Kalkekar
Treasurer



IAHW | INTERNATIONAL
ADOLESCENT
HEALTH WEEK
2022

TEENYBOPPER MAGIC
Unraveling the Transition

HEALTHY MIND
Treasure to Find



Speaker
Dr. Harish Shetty



Date: 16th March 2022

Time: 03:30 pm

Watch LIVE on

Official YouTube Channel of IAP Navi Mumbai

YouTube <https://www.youtube.com/iapnavimumbai>



EVENT DETAILS

AACCI Forum /Center	AACCI Navi Mumbai, Youth Forum
Name of Event	Sleep: Recharging Teen Mind Video By Dr. Pallavi Khare
Venue	Virtual
Date & Time	17 th March 2022
Partner Organization	AHA and IAP Navi Mumbai
Target Audience	Adolescent
Number of Attendees	150
Name of Faculties	Dr. Pallavi Khare
Short description of Event - if any	Video on Importance of Sleep Hygiene by Dr. Pallavi Khare
Link of Recorded program – only if available	https://youtu.be/pTy9qS9z0mY

Causes of lack of sleep in children and adolescents

- Increase study load / syllabus
- Weekend hangouts
- Excessive use of screen / mobile phone
- Frequent travels
- Substance abuse (smoking / alcohol)
- Health ailments



6:36 / 16:52

IMPORTANCE OF SLEEP

&

SLEEP HYGIENE

Dr Pallavi Khare

0:00 / 16:52

• Effects of adequate sleep

- Restoration - Sleeping brain cells removes metabolic end products faster than during awake state.

Sleep is of the brain by the brain and for the brain

- Memory processing – Sleep support formation of long term memory stores
 - Increases learning and expressions
- Hormonal functioning – Release of hormones is guided by sleep patterns and follows circadian rhythm



3:01 / 16:52



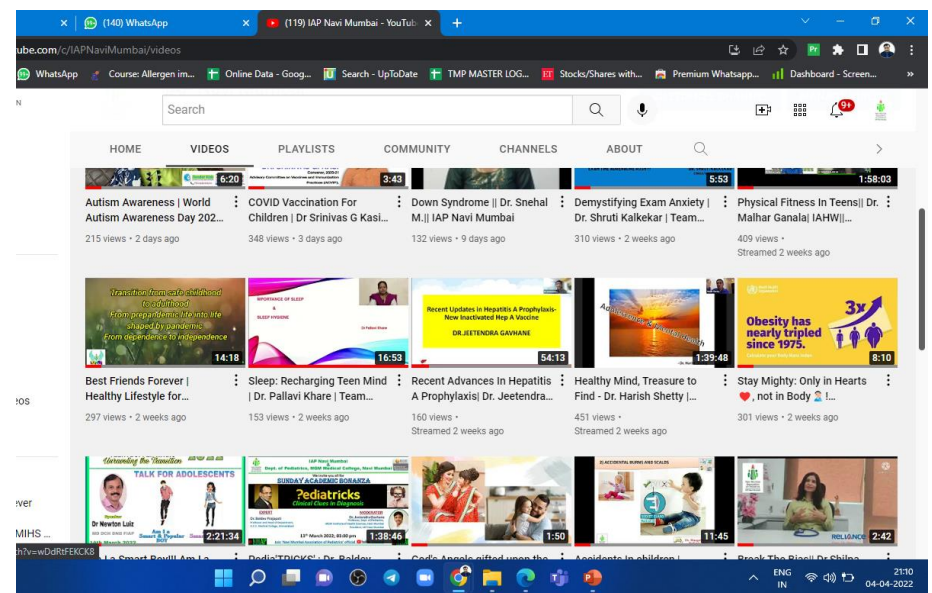
EVENT DETAILS

AACCI Forum /Center	AACCI Navi Mumbai, Youth Forum
Name of Event	Best Friends Forever - Healthy Lifestyle for Adolescents Video By Dr. Arati Gaikwad
Venue	Virtual
Date & Time	18 th March 2022
Partner Organization	AHA and IAP Navi Mumbai
Target Audience	Adolescent
Number of Attendees	300
Name of Faculties	Dr. Arati Gaikwad
Short description of Event - if any	Video focusing on Adequate Nutrition, Sleep Hygiene, Meditation by Dr. Arati Gaikwad
Link of Recorded program – only if available	https://youtu.be/dZ0CNZiwPEg

Adolescents | Dr Arati Gaiwad | Team NaMAHA






Dr Gaiwad
Child Health
Nerul





EVENT DETAILS

AACCI Forum /Center	AACCI Navi Mumbai, Youth Forum
Name of Event	“Thumbs Up your Fitness Quotient (FQ) this year” Talk by Dr. Malhar Ganla
Venue	Virtual
Date & Time	18 th March 2022, 3 to 5 pm
Partner Organization	AHA and IAP Navi Mumbai
Target Audience	Adolescent
Number of Attendees	320
Name of Faculties	Dr. Malhar Ganla
Short description of Event - if any	The session was moderated by Dr. Kiran Vaswani
Link of Recorded program – only if available	https://www.youtube.com/iapnavimumbai






Dr. Kiran Vaswani
President

Dr. Chitra Kulkarni
Vice-President

Dr. Kalyani Patra
Secretary General


Dr. Shruti Kalkekar
Treasurer




INTERNATIONAL
ADOLESCENT
HEALTH WEEK
2022

Talk on Physical Health

Thumbs Up your Fitness Quotient (FQ) this year






Speaker
Dr. Malhar Ganla

18th March 2022
03:00 pm

Watch LIVE on
Official YouTube Channel of IAP Navi Mumbai

 <https://www.youtube.com/iapnavimumbai>



dr. kiran



Dr. Chitra S Kulkarni



Dr. Kalyani Patra



Dr. SHRUTI KALKEKAR



Dr. Kiran



Dr. Chitra S Kulkarni



Dr. Malhar Ganla



Dr. Jeetendra Gavhane
President, IAP NAVI MUMBAI



Dr. Kiran



EVENT DETAILS

Name of Event	IAHW 2022
Venue	NMAP you tube channel
Date & Time	19/03/2022
Partner Organization	AHA, AACCI, NMAP
Target Audience	STUDENTS
Number of Attendees	277 views
Name of Faculties	Dr Shruti Kalkekar
Short description of Event - if any	Exam time: Adrenaline Rush Demystifying exam anxiety
Link of Recorded program – only if available	Video release: *Demystifying exam anxiety: Dr Shruti Kalkekar * https://youtu.be/-5zdYBVNZal

DEMYSTIFYING

EXAM ANXIETY

"EXAM TIME ADRENALINE RUSH?!"



DR. SHRUTI KALKEKAR
CONSULTANT PEDIATRICIAN



EVENT DETAILS

Name of Event	IAHW 2022
Venue	AACCI WEBSITE
Date & Time	26/03/2022
Partner Organization	AHA, AACCI, NMAP
Target Audience	ADOLESCENT GIRLS, WOMEN
Number of Attendees	
Name of Faculties	Dr Shruti Kalkekar
Short description of Event - if any	CERVICAL CANCER AWARENESS AND HPV VACCINATION
Link of Recorded program – only if available	Video release: CERVICAL CANCER AWARENESS AND HPV VACCINATION

IAHW

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

Dr. Kalkekar's
CU



Transitions"



From childhood to adulthood, physically and mentally
From a pre-pandemic life into a life shaped by a pandemic
From dependence to independence



21 March-26 March

IAHW

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

Dr. Kalkekar's
CU

CREATED BY



DR SHRUTI KALKEKAR

CONSULTANT PEDIATRICIAN

AACCI CENTER

DELHI

**REPORT Prepared
by:**

**Dr Latika Bhalla
Dr Tanu Satija**



**R-881, New Rajinder Nagar,
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**Dr. Latika Bhalla (Center Incharge)
M: +91 98112 11320**



AACCI Youth Forum Delhi

Supported by ---- Delhi AHA and Sir Ganga Ram Hospital

Topic:

Name of school :

Venue :

Date /time :

Moderator:

Speaker:

Topic: Journey of Pre

Adolescence to Adolescence

**St. Mary's School , Dwarka, New
Delhi**

Zoom

22/03/22, 3:00 pm

**Ms. Sheelu Mathew, Principal
Dr Latika Bhalla**

Target Audience :

Total number:

Teachers and students

80

Any other details u want to put :

Program shared on facebook

Psychosocial development				
	Early adolescence	Mid adolescence	Late adolescence	
Body image	Focus on bodily changes of puberty	Focus shifts to appearance	Realistic body image	
Identity - Psychological identity - Gender - Social & cultural - Sexuality	Self conscious Focussed on themselves	Search for a sense of identity and Growing awareness of personal attributes	Sense of identity more established Value system more developed	
Autonomy	Emotional separation from parents commences	Search for greater autonomy and privacy within the family unit Family conflicts	More autonomous	
Social relationships	Same sex friendships Relationship with members of the other sex in group settings	Strong need for peer acceptance	Less influenced by peers One to one friendships	



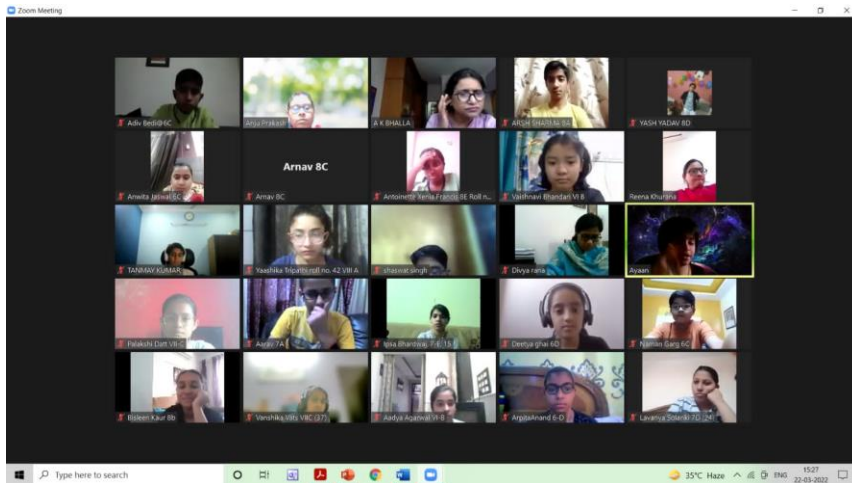
**DELHI AHA, SIR GANGA RAM HOSPITAL AND AACCI
ASSOCIATION OF ADOLESCENT AND CHILD IN INDIA
YOUTH FORUM DELHI**

International Adolescent Health Week Celebrations
Journey of Pre Adolescence to Adolescence

Hosted by	Moderator	Speaker
 Dr. Swati Y. Bhave Executive Director AACCI	 Dr. Prashant Kariya National Incharge Youth Forum, AACCI	 Ms. Sheelu Mathew Principal St. Mary's School
 Dr. Latika Bhalla Centre Incharge AACCI Delhi		

22nd March 2022, Tuesday, 3:00 pm
St. Mary's School, Dwarka, New Delhi

Visit us at www.aacci.in / www.aaccitrainingprograms.com
Email : aacci2019@gmail.com

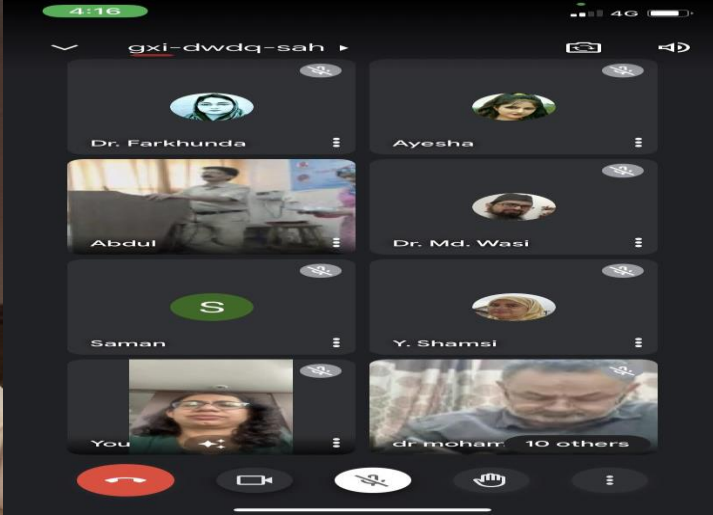




AACCI Youth Forum Delhi

Supported by –Jamia Hamdard

Topic:	Dealing with exam stress and study skills
Name of institute :	SUMER, Jamia Hamdard, New Delhi
Venue :	Google meet
Date /time :	23/03/22, 3:00 pm
Moderator:	Dr Latika Bhalla
Speaker:	Dr Tanu Satija
Target Audience :	Students and teachers
Total number:	100 students and 34 teachers
Any other details u want to put :	Program was well received by teachers and students



**REPORT Prepared
by:**

Dr Sunita
Manchanda

AACCI REGIONAL CENTER

NCR DELHI



NATIONAL CAPITAL REGION

House No 845-A, Sector 5,
Gurgaon, Haryana 122 001.

Dr. Sunita Manchanda (Center
Incharge) - M: +91 98737 23279



EVENT DETAILS

Name of Event	Awareness about dangers of Mobile overuse.
Venue	Jain Sant Phool Chand Ji,Hospital
Date & Time	25/03/2020 , 1-2pm
Partner Organization	Jain Maitri Parishad
Target Audience	Hospital Staff
Number of Attendees	20-25
Name of Faculties	Dr Sunita Manchanda,Dr Kamlesh Khanna
Short description of Event - if any	It was an interactive session where we discussed about side effects of mobile and social media overuse after brief introduction of AACCI.We gave them tips to use these gadgets judiciously and encouraged them to guide their patients as well as their kids to use this technology effectively. A session on communication skills was also taken to improve their communication with their teenagers. Session was very well received by them.





EVENT DETAILS

Name of Event	Awareness about dangers of Mobile overuse
Venue	Arya Bal Kalyan Kendre (NGO)
Date & Time	26/03/2020 2-3pm
Partner Organization	Arya Samaj
Target Audience	Parents and few teenagers
Number of Attendees	25-30
Name of Faculties	Dr Sunita Manchanda, Mr Ashok Arya
Short description of Event - if any	It was an interactive session where we discussed about side effects of mobile and social media overuse after brief introduction of AACCI. We gave them tips to use these gadgets judiciously by themselves and encouraged them to guide their kids to use this technology effectively. Both Sessions was very well received by them.



AACCI REGIONAL CENTER

GUJARAT

**REPORT Prepared
by:**

**Dr. Samir Shah
Dr. Hitesh R.
Vasava**



**Samir Hospital, Lakdipul, Dandiabazar
Main Road, Dandiabazar, Vadodara,
Gujarat - 390 001**

**Dr. Samir Shah (Center Incharge)
M: +91 98795 40888**

ACTIVITIES PERFORMED DURING IAHW-2022

No	Date	Activities Name	Venue	In-charge	Target Audience	Number of Participants
1	20/3/22	Interactive Discussion on Exam related issues	Manjalpur, Vadodara	Dr Hitesh Vasava Dr Shabnum Mansuri, Dr Bhupendra Kapadiya	10th &12th STD students	30-35
2	22/3/22	Sessions on Mental Health	Nursing College, Varnama	Dr Shabnum Mansuri	Nursing college Students	70
3	22/3/22	Discussion on Exam related issues	Sharda Mandir school, Varnama	Dr Shabnum Mansuri	School Students (Adolescents age group)	36
4	22/3/22	Sessions on Mental Health	MES school Nagarwada	Dr Shabnum Mansuri	School Students (Adolescents age group)	120
5	23/3/22	Motivational lecture on dealing with exam anxiety	Online, At SVT College, Mumbai	Dr Samir Shah	College Students	65

No	Date	Activities Name	Venue	In-charge	Target Audience	Number of Participants
6	24/3/22	Mental Health Awareness Talk	Auditorium, Muniseva Ashram, Goraj	Dr Satish Pandya	Nursing College students of Muniseva Ashram, Goraj.	120
7	24/3/22	Skit performance :- Mental health of Adolescent	Nursing College Muniseva Ashram, Goraj	Dr Bhupendra Kapadiya, Dr Hitesh Vasava	Perform by Nursing Students	120
8	24/3/22	Motivation talked on Mental Strength	Muniseva Ashram, Goraj	By Tarlikadidi from Bhrama Kumari	Adolescents age group	120
9	24/3/22	Sessions on Mental Health	MES school Yakutpura	Dr Shabnum Mansuri	10-12 Std students	100
10	24/3/22	Panel Discussion on Empowering adolescent's girls in self defending skills.	Online Digisheild platform	Dr Samir Shah in Association with AACCI	Medical Practitioners	50

No	Date	Activities Name	Venue	In-charge	Target Audience	Number of Participants
11	25/3/22	T.V. Talked Show on Career Guidance	GTPL channel	Dr Samir Shah, & Shree Jagdish Nimavat (Parth Institute of Vadodara)	Board Exam Going Students	-
12	25/3/22	National Quiz elimination Round	Online	Dr Samir Shah, Dr Ashutosh Singh Rathore Dr Hitesh Vasava Dr Bhupendra Kapadiya	School Students of age 14-18 yrs.	7 Teams
13	26/3/22	Video Release on Healthy Food Habit in Adolescent	Online	Dept. of Food & Nutrition, M.S.University Dr (Prof) Vanisha Nambiar, Dr Shruti Kantawala & Team)	Community oriented activity	-

No	Date	Activities Name	Venue	In-charge	Target Audience	Number of Participants
14	26/3/22	National Quiz Final Round Quiz on Do You Know- Adolescent Health, development, rights & Responsibilities?	Online Digisheild platform	Dr Samir Shah, Dr Ashutosh Singh Rathore	School Students of age 14-18 yrs.	4 Teams
15	26/3/22	2 min Audio Competition on Who Am I ? – Older Child or Young Adult? Being Adolescent - My Rights & Responsibilities	Online Submission	Dr Samir Shah, Dr Ashutosh singh Rathore, Dr Hitesh Vasava	Categories:- 14-17 yrs age 18- 21 yrs age group adolescents	Winner and Runners-up Declared in 2 categories
16	26/3/22	2 min Video Competition on Who Am I ? – Older Child or Young Adult? Being Adolescent - My Rights & Responsibilities	Online Submission	Dr Samir Shah, Dr Ashutosh singh Rathore, Dr Hitesh Vasava	Categories:- 14-17 yrs age 18- 21 yrs age group adolescents	Winner and runners up Declared in 2 categories

No	Date	Activities Name	Venue	In-charge	Target Audience	Number of Participants
17	23/3/22	Self defence training Students	P T Mahila College, Surat	By Pamir shah	College Students	80
18	25/3/22	TV talk show on child sexual abuse	Online Submission	Dr. Prashant Kariya, Dr. Swati Vinchurkar, Dr. Bhupesh Chavda	Public awareness	All over Surat

Interactive Discussion on Exam & related issues



Sessions on Mental Health & Exam

Nursing College, Varnama



Sharda Mand School, Varnama



Sharda Mand School, Varnama



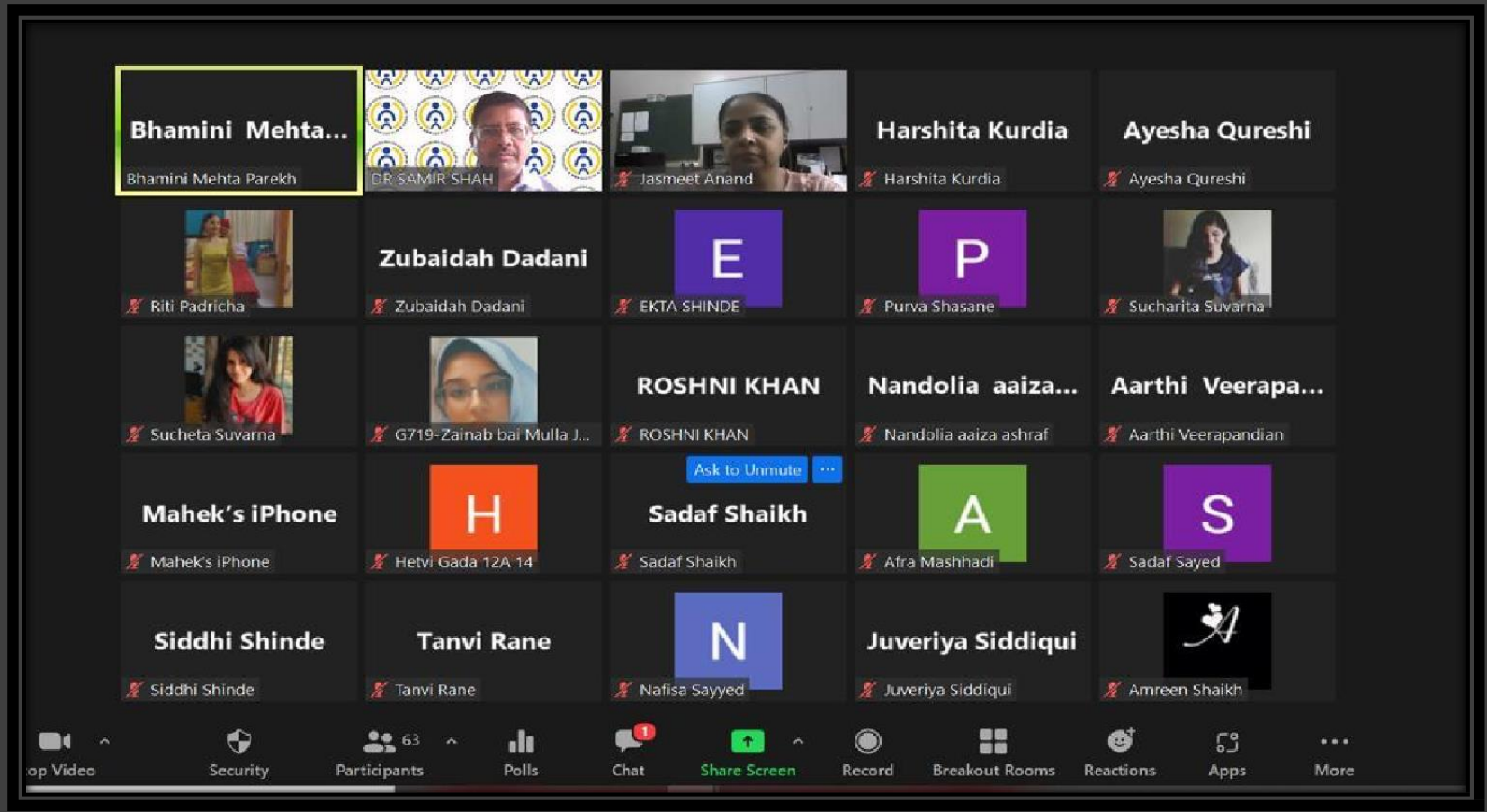
Varanama, Gujarat, India
NH 48, Varanama, Gujarat 391243, India
Lat 22.182424°
Long 73.185298°
22/03/22 09:57 AM

MES School



Varanama, Gujarat, India
55HM+XHQ, Varanama, Gujarat 391243, India
Lat 22.180399°
Long 73.183859°
22/03/22 09:58 AM





Motivational lecture on exam anxiety



Skit performance: - “Mental health of Adolescent”

Mental Health Awareness Talk



Panel Discussion on Empowering adolescent's girls in self defending skills.



AACCI- ASSOCIATION OF ADOLESCENT AND CHILD CARE IN INDIA



Panel Discussion

Empowering Adolescent Girls – Defending herself & Release of Module



DATE: 24th March, 2022

TIME: 08.00 PM TO 09.30 PM

EXPERT



DR. SWATI Y BHAVE
HON. EXECUTIVE DIRECTOR AACCI



DR. SAMIR SHAH
NATIONAL COORDINATOR AACCI



DR. NEETI SONI
JOINT INCHARGE AACCI MARATHAWADA REGION

MODERATORS

PANELLISTS



DR. JAYASHREE DESHPANDE
AACCI VOLUNTEER & SENIOR PEDIATRICIAN VASAI



DR. DEEPA PASSI
YOUTH FORUM INCHARGE AACCI NCR



DR. ASHISH DESHPANDE
SENIOR PSYCHIATRIST, MUMBAI



DR. SANGEETA BAFNA (LODHA)
SENIOR PEDIATRICIAN NASHIK



ADV. PRADNYA TALEKAR
ADVOCATE, AURANGABAD



PSI SUVARNA UMAP
PSI, AURANGABAD



MRS CHAITALI SAKPAL
SELF DEFENCE TRAINER, MUMBAI



MR SHIBIN BALAN
SELF DEFENCE TRAINER, MUMBAI

SELF DEFENSE AWARENESS



Dr. Sangeeta Bafna Lodha



Mr. Shibin Balan



Dr. Sangeeta Bafna Lodha



Dr. Neeti Soni



Adv. Pradnya Talekar



Dr. Samir Shah



Dr. Jayashree Deshpande



Dr. Ashish Deshpande

EMPOWERING ADOLESCENT GIRLS

DEFENDING HERSELF



Dr. Swati Bhawe



Dr. Samir Shah



Adv. Pradnya Talekar



Dr. Jayashree Deshpande



Dr. Neeti Soni



Dr. Deepa Passi



Dr. Ashish Deshpande



Mr. Shivin



Dr. Sangeeta Bafna Lodha



Mr. Shivin Balan



DIGISHIELD

Mute Stop Video Participants 53 Q&A Chat Share Screen Raise Hand Record Apps Leave

T.V. Talked Show on Career Guidance



facebook

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facebook.com/Gujarat News Gtpl

GTPL Channel No.264

* ધોરણ ૧૦-૧૨ ની પરિક્ષા ને ગણતરીના કલાકો બાકી... * પરિક્ષા ને લઈને ચિતિત થવાની જરૂર નથી.. * ૧૦-૧૨ પછી કારકિર્દી ની સુવંણ તકો..



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ધોરણ ૧૦-૧૨ ની પરિક્ષાને ગણતરીના કલાકો બાકી...




facebook.com/Gujarat News Gtpl

GTPL Channel No.264

* ધોરણ ૧૦-૧૨ ની પરિક્ષા ને ગણતરીના કલાકો બાકી... * પરિક્ષા ને લઈને ચિતિત થવાની જરૂર નથી.. * ૧૦-૧૨ પછી કારકિર્દી ની સુવંણ તકો..

Link:- https://fb.watch/b_qMciMWK-/

National Quiz elimination Round



Elimination round 25th March
Final Round 26th March

TOPIC
Do You Know- Adolescent Health, development, rights & responsibilities?

INSTRUCTIONS

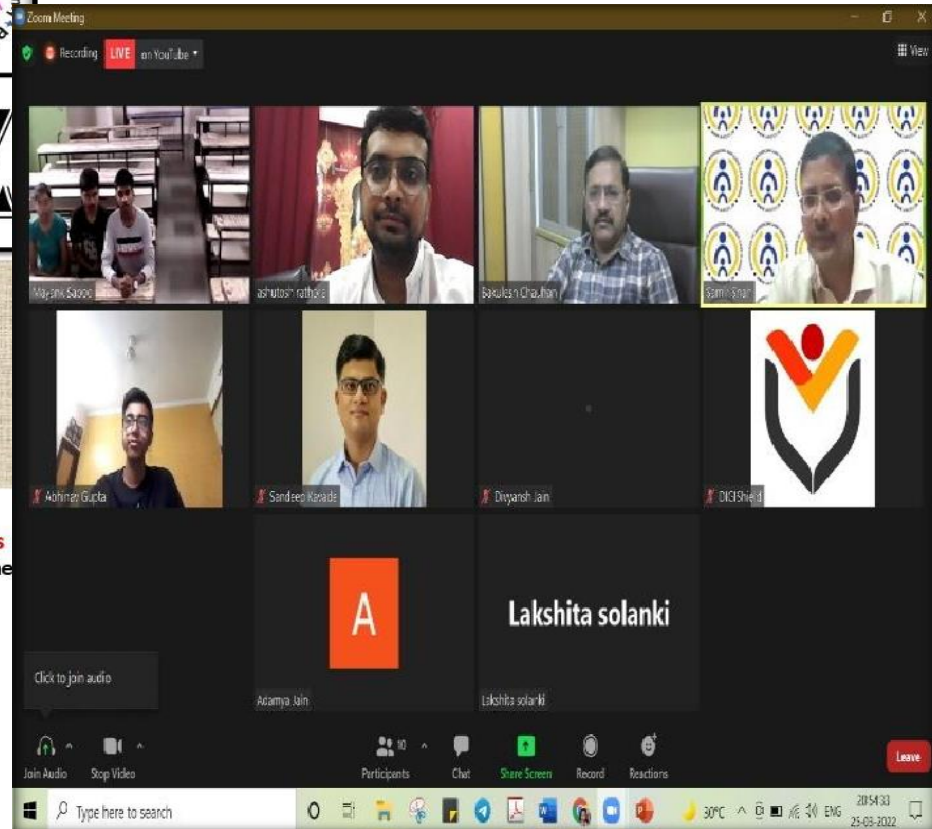
- Open for all school students from any school all over India - **Age group 14-18 years**
- Entry should be in the name of "a school team" having **3 participants** representing the school.
- Register your team by clicking the Google Form link
- All teams are subjected to Elimination round - conducted through Google form
- Top 4 teams will be selected for final round which will be conducted on Zoom meeting- ONLINE
- E certificates to all the participants.
- Prizes: Winner: **Rs. 1500/-**, 1st runner up- **Rs.1000/-** and E certificate.
- All participants should have basic knowledge of Zoom platform and Google form.
- In case of any dispute, decision of Experts will be final
- For more details please contact Dr Ashutosh Singh Rathore 9909952293
- Language of Quiz will be English

Quiz Coordinator- Dr Samir Shah

Quiz Masters- Dr Samir Shah, Dr Ashutosh S. Rathore, Dr Bhupendra Kapadia

Experts: Dr Swati Bhawe, Dr Harish Pemde

Quiz Makers: Dr Prashant Kariya, Dr Sandeep Kavde, Dr Bakulesh Chauhan



Zoom Meeting

Recording LIVE on YouTube

Participants: 10

Join Audio Stop Video


Participants Chat Share Screen Record Reactions

Leave

Type here to search

29° 31' 25-03-2022

National Quiz Final Round



INTERNATIONAL ADOLESCENT HEALTH WEEK 2022



THEME: TRANSITIONS





AHA, AACCI AOPV & VAHA




National Adolescent Health Quiz - 2022

GRAND FINALE

Date: 26th March, 4pm (Zoom Platform)

Experts:  **Dr Swati Bhawe**  **Dr Harish Pemde**

Quiz Masters:  **Dr Samir Shah**  **Dr Ashutosh Singh**  **Dr Bhupendra Kapadia**  **Dr Hitesh Vasava**

Quiz Makers:  **Dr Prashant Kariya**  **Dr Sandeep Kavde**  **Dr Bakulesh Chauhan**




CERTIFICATE OF APPRECIATION

Awarded to
PARAM KARIYA

For the Participation in
Online National Adolescent Quiz

On 26th March 2022.

He is awarded **FIRST** Prize.

1st PRIZE

Dr. Swati K. Bhawe Executive Director AACCI
Dr. Harish Pemde Chairman AHA
Dr. Ashutosh Singh Kulkarni President AOPV
Dr. Samir Shah Chairman VAHA

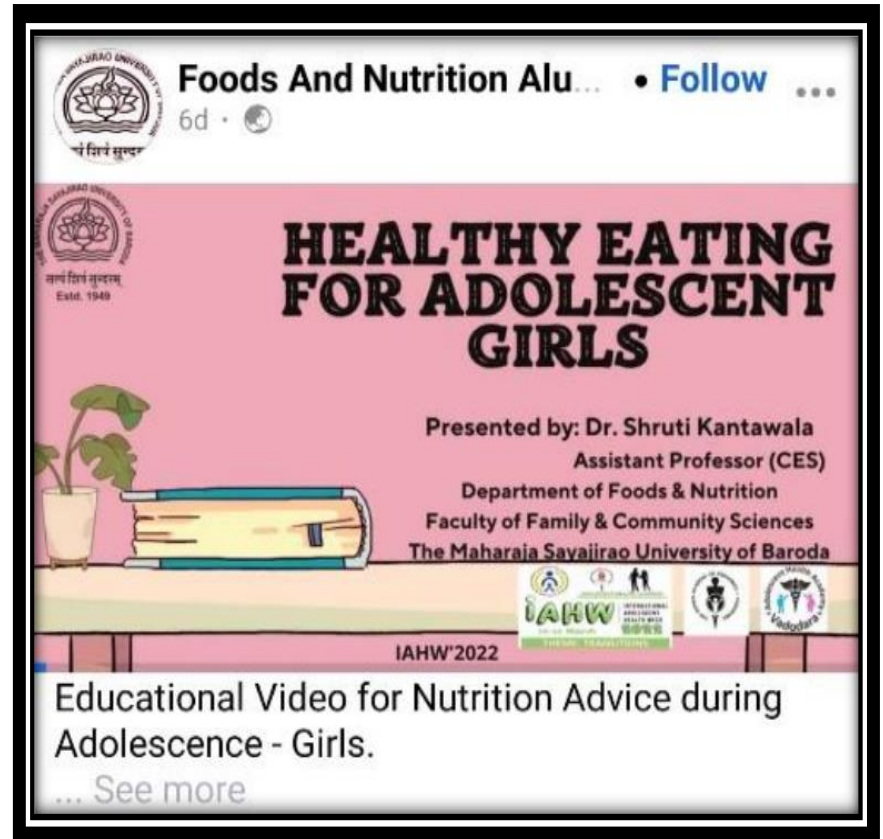
Result of Quiz Competition

Winner	Surat	Param Kariya	Omsai Singh	Swayam Marfatia	9925808800
1st Runner up	Agra	Divyansh Jain	Abhinav Singh	Adamyia Jain	7895990775
2nd Runner up	Delhi	Rishika Yadav	Lakshita solanki	Yogita. Yadav	8377989217
3rd Runner up	Vadoda	Jaimin Chaudhari	Dharmesh Rathva	Kinjal Makwana	8320528863
		QUIZ Competition			

Video Release on Healthy Food Habit in Adolescent



[https://fb.watch/b PY-Jo5bD/](https://fb.watch/b_PY-Jo5bD/) (Boys)



https://fb.watch/b_PWRog17c/ (Girls)

2 Minutes Audio Competition





IAHW INTERNATIONAL ADOLESCENT HEALTH WEEK 2022
20-26 March

ADOLESCENT HEALTH ACADEMY

THEME: TRANSITIONS

2 MINUTES AUDIO COMPETITION

LANGUAGE: ENGLISH AND HINDI

AGE: 14 TO 21 YEARS

TOPICS :- (Choose any One)

- ✓ Who Am I ? - Older Child or Young Adult?
- ✓ Being Adolescent - My Rights & Responsibilities



INSTRUCTIONS FOR RECORDING AUDIO CLIP

- RECORD 2 MINUTES AUDIO CLIP IN MP3 FORMAT
- FILL GOOGLE FORM BY CLICKING THE LINK IN DESCRIPTION
- UPLOAD YOUR 2 MIN AUDIO AFTER FILLING ALL DETAILS
- FOR ANY QUERY CALL - Dr Ashutosh Singh Rathore- 9909952293

LAST DATE OF SUBMISSION - 22ND MARCH

RESULTS DECLARATION: 26TH MARCH IN A WEBINAR

ALL PARTICIPANTS WILL BE FELICITATED WITH E CERTIFICATES





IAHW INTERNATIONAL ADOLESCENT HEALTH WEEK 2022
20-26 March

ADOLESCENT HEALTH ACADEMY

AACCI, AHA AOPV & VAHA

THEME: TRANSITIONS



CERTIFICATE OF APPRECIATION

Awarded to

KAVINA THAKKAR

For the Participation in

**Online National Level
2 Mins Audio Competition**

During International Adolescent Week Celebration between
20-26 March 2022.

He / She is awarded **1st Prize 14 - 17 Years** Category.

SyBhave *Dr. Swati Y. Bhawe* *Dr. Harish Pemde* *Ashutosh Singh* *SRShah*
Executive Director Chairperson Dr. Ashutosh Singh Rathore Dr. Samir Shah
AACCI AHA President AOPV Chairperson VAHA

Age Group	Position	Name of the Participant	Name of City
14 to 17 years	First	Kavina Thakkar	Vadodara
14 to 17 years	Second	Rushil Mehta	Jamnagar
		Arya Sherude	Pune
17 to 21 years	First	Kirit Patil	Surat
17 to 21 years	Second	Mehul Rathwa	Vadodara
		AUDIO COMPETITION	

THEME: TRANSITIONS

2 MINUTES VIDEO COMPETITION

LANGUAGE: ENGLISH AND HINDI

AGE: 14 TO 21 YEARS

-: TOPICS :-

- ✓ Who Am I ? –Older Child Or Young Adult?
- ✓ Being Adolescent - My Rights And Responsibilities

INSTRUCTIONS FOR MAKING OF VIDEO

- ❖ Each person can record his/her own video, in **Landscape Orientation**, with the speaker at the centre of the frame, with the focus steady on the speaker
- ❖ The Video clip should be recorded by another person (NOT a selfie video)
- ❖ All the video clips should be of high resolution with clear audio and well lit subject
- ❖ Video file should be in MP4 format & of not more than 2mins

Last Date of submission – 22nd March

- Files should be uploaded in your Google Drive and send as a link from your google drive in the Google Entry Form after filling the details.
- All Participants will be felicitated with E Certificates.
- For any further clarification contact Dr. Samir Shah (987954)

Results will be declared in program on 26th

2 Minutes Video Competition

Age Group	Position	Name of the Participant	Name of City
14 to 17 years	First	Rushil Mehta	Jamnagar
14 to 17 years	Second	Gargi Bhedi	Vadodara
17 to 21 years	First	Parmar Minaxi Shailesh bhai	Halol
17 to 21 years	Second	Drashti bhoi	Goraj , Waghodiya
		VIDEO COMPETITION	



Self defence training to P T Mahila College, Surat Students By Pamir shah



માત્ર મિત્ર ચેનલ પર

વિષય: જાતીય સતામણી- સમાજનું દુષણ...

દર્દ દવા અને ડૉક્ટર

તારીખ-૨૭.૩.૨૦૨૨
સમય રવિવાર રાત્રે ૯:૦૦ કલાકે
પુનઃ પ્રસારણ
સોમવારે સવારે ૧૦:૦૦ કલાકે
ગુરુવારે બપોરે ૨:૦૦ કલાકે
શનિવાર સાંજે ૬:૦૦ કલાકે

ડૉક્ટર ભુપેશ ચાવડા સાથે YouTube



જાતીય સતામણી- સમાજનું દુષણ...ડો
પ્રશાંત કારીયા,ડો સ્વાતિ વૈન્યૂરકર,ડો...

Mitra Channel Surat

youtube.com

<https://youtu.be/wETM9v3EpZ8>

TV Talk Show Child Sexual Abuse

REPORT Prepared
by:
Dr. R. G. Patil

AACCI REGIONAL CENTER

VIDHARBHA



**C-1, Kanchan YASH, West Park Road,
Dhantoli, Nagpur 440 012.**

Dr. Nishikant Kotwal (Center Incharge)

M: +91 98230 64623

AACCI Nagpur Teachers Forum

17th march 2022



ADOLESCENT HEALTH ACADEMY, NAGPUR
in a/w
ACADEMY OF PAEDIATRICS, NAGPUR
ASSOCIATION OF ADOLESCENT & CHILD CARE IN INDIA, NAGPUR
&
SCHOOL OF SCHOLARS
Invite you for
A SESSION FOR TEACHERS OF ALL BRANCHES

**"CHILDREN & ADOLESCENTS ADMIT
PANDEMIC & THE WAY FORWARD"**

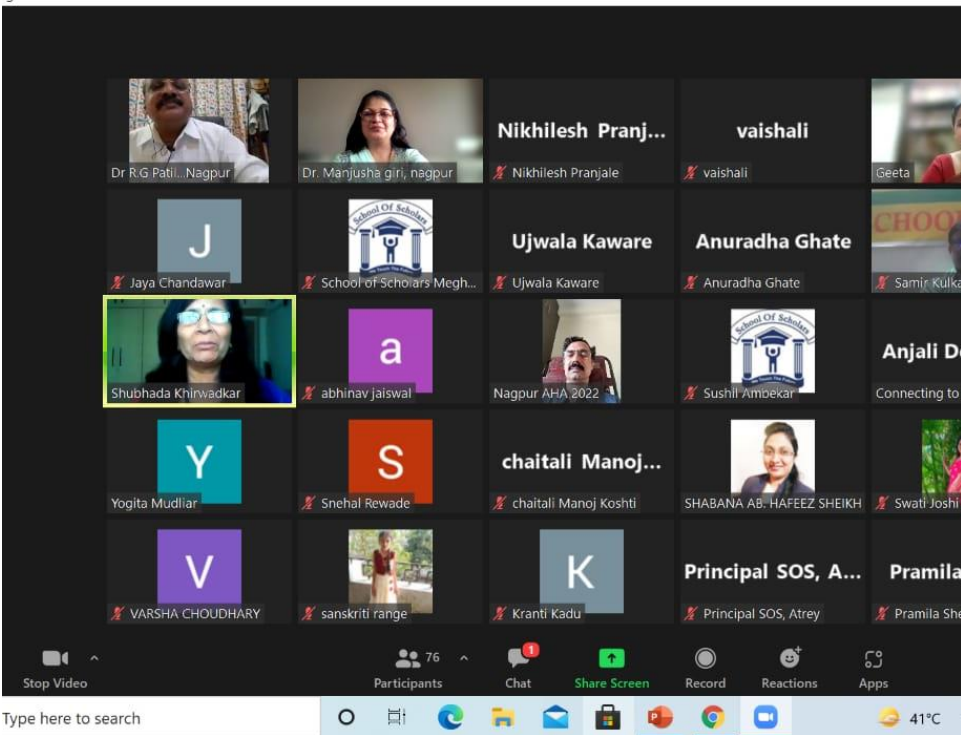
Shubhada Khirwadkar

AACCI Nagpur Teachers Forum

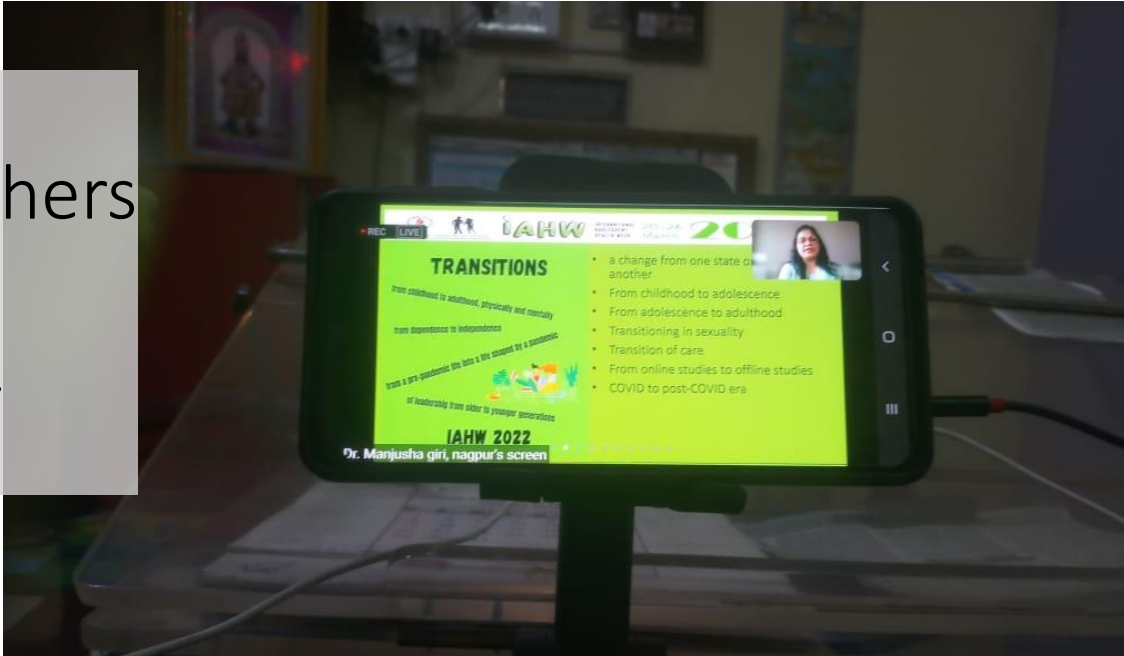
17 March 2022




Organised By	AACCI Nagpur	Name of AACCI center organizing Function
Members involved Dr R G Patil, Dr Kotwal, Dr Prajakata Kaduskar, Dr Manjusha Giri, Dr Linesh Yawalkar, Mrs Geeta Pande, Mrs Abha Meghe		AACCI volunteers involved in Function Adol Health Nagpur Branch & School of Scholars
Speaker -Dr Manju Giri & Dr Shubhada Khirwadkar		
Topic - Children & Adolescent Admist Pandemic & The way forward followed by Q&A		Type of session – lecture 20 min each , Followed by Q & A Session
Collaboration if any		Adolescent Health Academy and School of Scholars Nagpur
Date & Time		17 March 2022 at 3pm to 4pm
If online session recorded or hosted on		facebook/youtube https://youtu.be/UIYGfGqw5fg
Number of Attendees		260
Topic- very useful and informative for the teachers.		

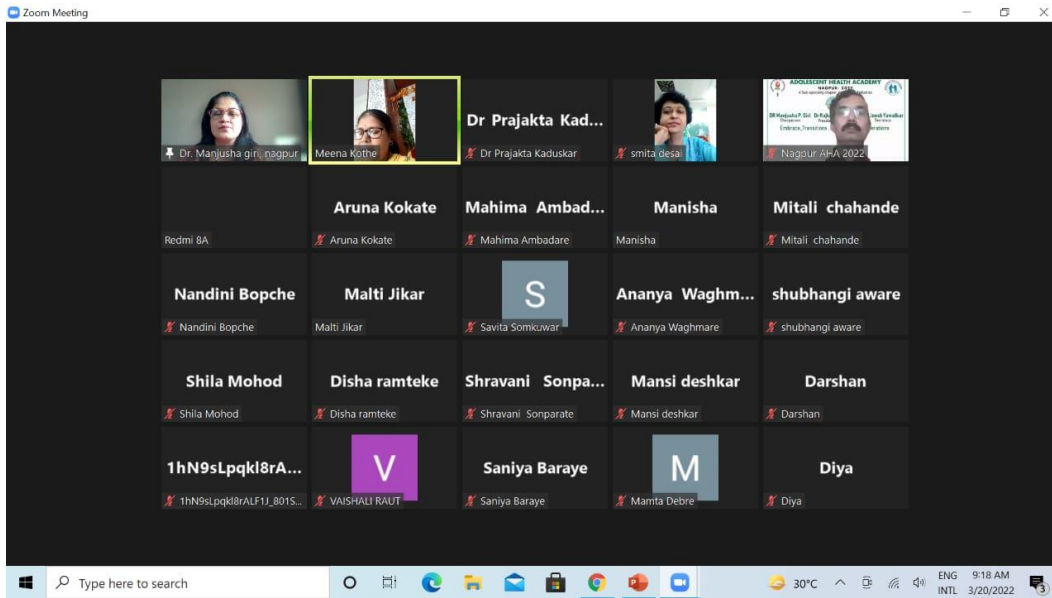


AACCI Nagpur Teachers Forum
17 March 2022



EVENT DETAILS

AACCI Forum /Centre	AACCI Nagpur Youth Forum
Name of Event 	Awareness Regarding Menstrual Cycle & Hygiene
Venue	Virtual
Date & Time	20th March 2022
Partner Organization	AHA and IAP Nagpur
Target Audience	Audience Adolescent Girls
Number of Attendees	60
Name of Faculties	Dr. Manjusha Girl , Dr. Prajakta Kaduskar Dr. Smita Desai
Short description of Event- if any	Girls were benefited by the Talk
Link of Recorded program — only if available	No



ADOLESCENT HEALTH ACADEMY, NAGPUR
 in a/w
ACADEMY OF PAEDIATRICS, NAGPUR
ASSOCIATION OF ADOLESCENT & CHILD CARE IN INDIA, NAGPUR
 &
VANDE MATARAM SCHOOL
 Invite you on Occasion of

IAHW 2022
 &
DAUGHTER'S DAY

"MENSTRUAL CYCLE & HYGIENE"

Sunday 20th March 2022 From : 9 – 10am
Zoom Platform



DR MANJUSHA GIRI



DR PRAJKTA KADUSKAR



DR SMITA DESAI

Dr Manjusha Giri
Chairperson AHA Nagpur

Dr Linesh Yawalkar
Hon Sec AHA Nagpur

Dr R G Patil
Incharge AACCI Nagpur Centre

Mr Vikas Ingole
Principal

Embrace_Transitions ... Build Smart_Generations



IAHW

20-26 March

THEME: TRANSITIONS

INTERNATIONAL
ADOLESCENT
HEALTH WEEK
2022



TOPIC

Transition:

Life Skills Development During Adolescence - Building EQ

Thursday, 24th March 2022

Time: 12.00 Noon. to 1.30 P.M.

Zoom Platform

Speakers:



Dr. R. G. Patil
Centre Incharge
AACCI Nagpur



Dr. Prajakta Kaduskar
Youth Forum Incharge
AACCI Nagpur

Programme Organisers:



Dr Manjusha Giri
Chairperson AHA
Nagpur



Dr. Linesh Yawalkar
Honorary Secretary
AHA Nagpur



Mrs Manju Deshpande
Teacher Coordinator, Dharampeth College
Dept of Home Science



Dr. Swati Bhawe Lele
Executive Director AACCI



Dr. Samir Shah
National Coordinator &
Website Coordinator AACCI



Dr. Prashant Kariya
Incharge AACCI Youth Wing

**AACCI Nagpur in association with NAHA
& Dharampeth College, Nagpur.**

EVENT DETAILS

AACCI Forum /Centre	AACCI Nagpur Youth Forum
Name of Event	Life Skills Development During Adolescence - Building EQ
Venue	Virtual - Dharampeth College Nagpur
Date & Time	24 March 2022 12 Noon To 1.30 P.M.
Partner Organization	AHA Nagpur
Target Audience	Adolescents Girls and Boys
Number of Attendees	183
Name of Faculties	Dr. R.G. Patil , Dr. Prajkta Kaduskar
Short description of Event- if any	Appreciated by School Authority
Link of Recorded program — only if available	

You are screen sharing 01:14:00 Stop Share

What are Life Skills?

Life Skills are the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life.

World Health

Meeting

Meghna Panda	Dr. Prajakta Kaduskar	Dr. Archana Kulkarni	Dr. R.G. Patil, Nagpur	Dr. Manjusha giri, nagpur
Dharampeth M. P. Deo Me...	Deepika Yadav	Sejal Londhe	Ashwini Dohale	Basanti Thakur
Karuna soni	Archita MASKE	Pallavi katre	Kajal Varma	bhagyashree am...
Karuna soni	Archita MASKE	Pallavi katre	Kajal Varma	bhagyashree ambule
Monika Hanvat	minal khobragade	Neha Kanojiya	Divya Chavhan	

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ADOLESCENT AND CHILD CARE IN INDIA
WWW.AACCI.IN

IAHW INTERNATIONAL ADOLESCENT HEALTH WEEK
20-26 March 2022
THEME: TRANSITIONS

LIFE SKILLS DEVELOPMENT & EQ Building
Dharampeth Science College
24.03.2022
Dr. Mrs. Prajakta Kaduskar



and stress management.

**Date : Friday, 25th March 2022,
Time : 3.30 pm to 4.30 pm**

**Venue : Pandit Bachharaj Vyas Vidyalaya,
Rajabaksha, Medical square Nagpur.**

< Speakers >



Dr R. G. Patil
City incharge AACCII
Nagpur



Dr Kamalakar Deoghare
Grand Parents Forum Incharge
AACCII, Nagpur

< Programme Organisers >



Dr Manjusha Giri
Chairperson AHA
Nagpur



Dr Liness Yawalkar
Hon Secretary
AHA, Nagpur



Mrs. Archana Joshi
Principal, Pt. Bacchraj Vyas
Vidyalaya, Nagpur



Dr. Swati Bhawe Lele
Executive Director, AACCII



Dr. Samir Shaha
National Co-ordinator &
Website Co-ordinator, AACCII

EVENT DETAILS

AACCI Forum /Centre	AACCI Nagpur Youth Forum
Name of Event	Mental Health of Adolescents and Stress Managment
Venue	Pandit Bacchraj Vyas Vidyalaya Nagpur
Date & Time	25 March 2022 3.30 PM to 4.30 PM
Partner Organization	AHA Nagpur
Target Audience	Adolescent Girls
Number of Attendees	150
Name of Faculties	Dr. Kamlakar Deoghare , Guest - Dr. Manjusha Giri, Dr. A.Gawande
Short description of Event- if any	Topic Helpful during the Exam time
Link of Recorded program — only if available	Physical



Association of Adolescent & Child Care in India (AACCI)
in association with
Adolescent Health Academy, Nagpur Branch
and
Balaji Convent & Junior College, Butibori, Nagpur

TOPIC
Transition:
Pre-pandemic Life Into Life Shaped After Pandemic

Saturday, 26th March 2022
Time: 10.00 am to 11.00 am
VIRTUAL MODE

Speakers:



Dr. R. G. Patil
Incharge AACCI
Nagpur Centre



Dr. Prajakta Kaduskar
Youth Forum Incharge
AACCI Nagpur



Dr. Swati Bhawe
Executive Director AACCI



Dr. Samir Shah
National Coordinator &
Website Coordinator AACCI



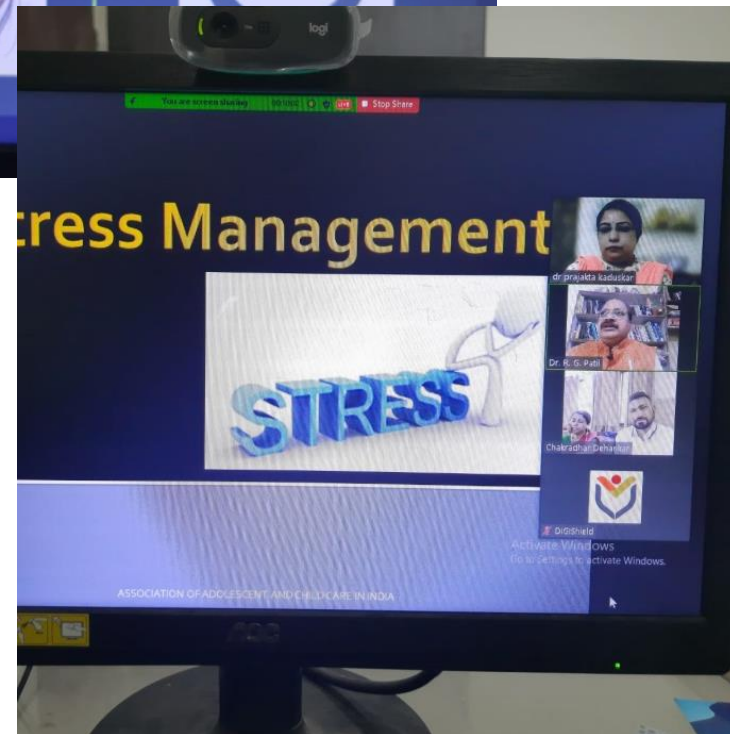
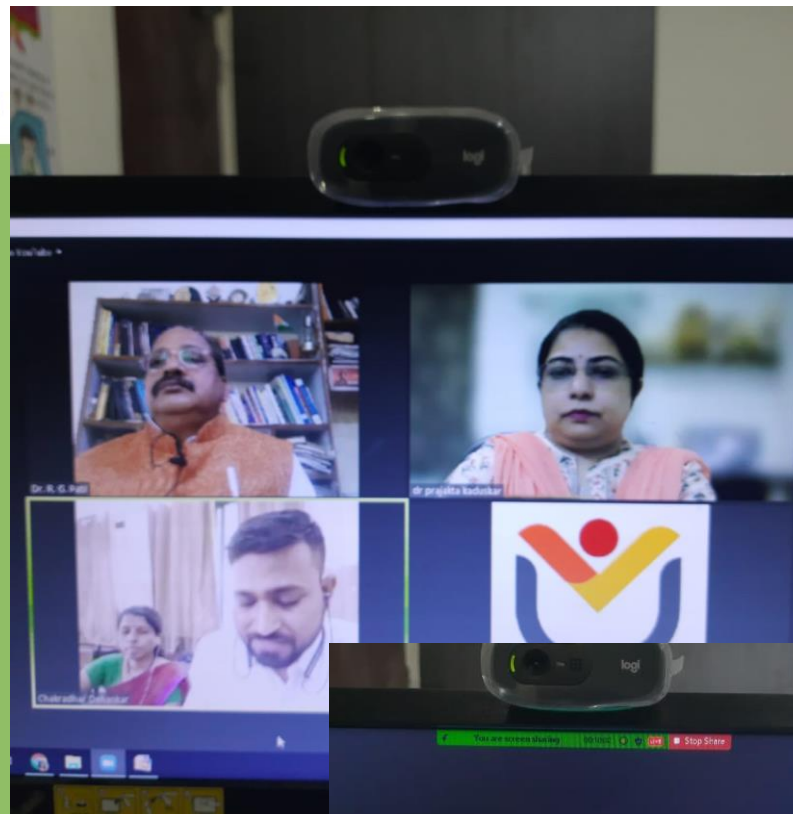
Dr. Prashant Kariya
Incharge AACCI Youth Wing

Programme Organisers:

COORDINATOR: BALAJI CONVENT & JUNIOR COLLEGE BUTIBORI
Principal Mr. Pravin C. Bhojar
Mr. Chakradhar B. Dehankar
Miss. Monika D. Meshram

Dr. Manjusha Giri **Dr. Linesh Yawalkar**
Chairperson AHA, Nagpur Hon. Secretary AHA, Nagpur

AACCI Nagpur



EVENT DETAILS

AACCI Forum /Centre	AACCI Nagpur Youth & Parent Forum
Name of Event	Pre Pandemic Life into Life Shaped after Pandemic
Venue	Virtual - Balaji Convent School Butibori
Date & Time	26 March 2022 10 A.M. To 11 A.M.
Partner Organization	AHA Nagpur
Target Audience	Adolescents Girls Boys & Parents
Number of Attendees	160
Name of Faculties	Dr. R.G. Patil , Dr. Prajkta Kaduskar
Short description of Event- if any	Appreciated by School Authority
Link of Recorded program — only if available	DigiShield

REPORT Prepared
by:
Dr. Vijay Mane

AACCI REGIONAL CENTER
WESTERN MAHARASHTRA



Miraj • Sangli • Kolhapur
Solapur • Nasik

Dr. Vijay Mane (Center Incharge)
M: +91 98226 11171



Physical & Mental Health in Adolescence

AACCI Forum /Center	SANGLI
Name of Event	पौ गं डावस्थे ती ल शारी रिक आणि मानसिक आरोग्य
Venue	Shantiniketan Junior College, Sangli
Date & Time	21 st March ,2022 2.30 pm to 3.30 pm
Partner Organization	--
Target Audience	100
Number of Attendees	107
Name of Faculties	Dr.Vaijayanti Aphale
Short description of Event - if any	Lecture of 1 hour followed by Q & A
Link of Recorded program – only if available	--



Association Of Adolescent & Child Care In India
WESTERN MAHARASHTRA CENTER



वी मंडळस्थे ती ल चारी रिक्त जाणि नाम्निसक आरोग्य



Dr. Swati V. Bhore
Executive Director
AACCI



Dr. Vijaylaxmi Aphale
JRF, Former Head
City co-ordinator (Sangli)



Dr. Vinaykumar Menon
Center In-charge,
Western Maharashtra

Date - 21 st March, 2022 **Time** - 2.30 pm to 3.30 pm

Venue - Shantiniketan Secondary and Higher
Secondary Junior College, Sangli

web site - www.aacci.in / www.aacctrainingprograms.com
E mail - aacci2019@gmail.com



REPORT Prepared
by:
Dr. Neeti Soni

AACCI REGIONAL CENTER

MARATHWADA



Dhanwantari Clinic, Near LMS, Sony
Jeweller, Jalna Rd, Aurangabad -
431001.

Dr. Datta Kadam (Center Incharge)
M: +91 93252 10733

AACCI FORUM/ CENTER	AACCI MARATHWADA REGION
Name of event	Seminar on Behaviour Modification
Venue	Aurangabad City
Date / Time	26th March 2022 / 11 am
Partner Organization	AACCI and Rajeev Speech and Hearing Clinic
Target Audience	Parents of Special Children
Number of Attendees	17
Name of Faculties	Dr Manisha Mundkar, Dr Pratima Weldode
Short description of event	Counseling of parents done on child's behavior, food habits, discipline and behavior modification
Invited by	Priya Bhale Speech Therapist



BEHAVIOUR MODIFICATION

IAHW INTERNATIONAL
ADOLESCENT
HEALTH WEEK **2022**
THEME: TRANSITIONS 20-26 March



Dr Manisha Mundkar
Pediatrician



Dr Pratima Weldode
Psychologist

विशेष मुलांचे वर्तन - वर्तन
समस्या व निराकरण
**Behavior
modification**

At
Rajeev Speech and Hearing Clinic

Date 26th March

11am to 1pm

Organized by
Dr Priya Bhale

Come out of CHALLENGE & Show your TALENT

Event Organised by	Dr Manisha Mundkar, Dr Neeti Soni
Venue	I-Progress Foundation
Date & Time	25th March / 1pm to 2:30pm
Partner Organization	I- Progress Foundation, Swayamsidha school for special children, Aurangabad Academy of Paediatrics
Target Audience	Parents, Teachers, Students.
Number of Attendees	45+
Chief Guest	Dr Madhavi Shelke, Mrs. Archana Joshi
Short description of Event	Beautiful dances were performed by children of these organisation where early interventions are being given to the challenged children. This was followed by cake cutting and celebrating IAHW 2022 week. Introduction of AACCI was given by Dr Datta Kadam sir.



AACCI-IAHW 2022 Celebration

20th to 26th March 2022



Organized by AACCI Marathwada Centre
In association with
Aurangabad Academy of Pediatrics

SHOW YOUR TALENT



GUEST OF HONOUR
DR MADHAVI SHELKE
Pediatric Neurologist



Date: 25th March
Time: 12pm

At / Progress Foundation



Mrs Archana Joshi
Principal



Dr Datta Kadam
Incharge AACCI
Marathwada



Dr Neeti Soni
Incharge AACCI
Marathwada



Dr Manisha Mundkar
Volunteer AACCI



Dr Swati Bhawe
Executive Director AACCI



Dr Samir Shah
National Coordinator
AACCI



Dr Prashant Kariya
National Youth Forum Incharge AACCI



Dr Rajashree Ratnaparakhi
President AAP



Dr Sadhujay Kondpalle
Secretary AAP

AACCI Marathwada Region



AACCI- ASSOCIATION OF ADOLESCENT AND
CHILD CARE IN INDIA

IAHW

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

2022

THEME: TRANSITIONS

20-26 March

Come out of
CHALLENGE &
Show your
TALENT



AACCI Marathwada Region



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iAHW | INTERNATIONAL
ADOLESCENT
HEALTH WEEK **2022**
THEME: TRANSITIONS | 20-26 March

E-Poster Competition For Adolescents



AACCI-IAHW 2022 Celebration

20th to 26th March 2022



Organized by AACCI Marathwada Centre

In association with

Aurangabad Academy of Pediatrics

E Poster Competition for adolescents

Topic - My role as an adolescent



Dr Datta Kadam
AACCI Incharge
Marathwada Region



Dr Neeti Soni
AACCI Joint Incharge
Marathwada Region



Dr Asawari Kaushik
Volunteer AACCI
Marathwada Region



Dr Truptee Borulkar
Volunteer AACCI
Marathwada Region



Dr Swati Bhawe
Executive Director AACCI



Dr Samir Shah
AACCI National
Co - Ordination & Website
Co - Ordinator



Dr Prashant Kariya
Youth Forum Incharge



Dr. Rajashree Ratnaparkhke
President



Dr. Sandhya Kondpalle
Secretary

AURANGABAD ACADEMY OF PEDIATRICS

Details in the description

Criteria for Judging

AACCI Marathwada region in collaboration with Aurangabad Paediatric society conducted E-poster competition in following age groups-13-16 years & 16-19 years.

Topic: My role as an Adolescent.

A short 50-60 words writeup was asked to be sent along with the poster to explain their concept.

- Age wise understanding & depiction of the topic clearly
- Originality of concept
- Creativity in execution
- Write up with clarity of idea

Judges



Dr Phanish Kaushik



Dr Dipak Marakawad

TOPIC: My Role As An Adolescent



- Responsibility towards family
 - To respect the elders and the youngsters in the house.
 - To create peace and harmony in the family.
 - To make the parents feel proud of themselves.
- Responsibility towards society and nation
 - To respect the value of society.
 - To create peace and harmony in the society.
 - To be an example to others.

Conducted by:

Dr Asavari Kaushik & Dr Truptee Borulkar

AACCI Marathwada Region



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CHILD CARE IN INDIA



National Tweet Your Heart Out Competition



AACCI - ASSOCIATION OF ADOLESCENT AND
CHILD CARE IN INDIA

AACCI MARATHWADA CENTRE CELEBRATES



TWEET YOUR HEART OUT COMPETITION

Topic: MY ROLE AS AN ADOLESCENT

Words: 50



Dr. Datta Kadam
AACCI Incharge
Marathwada Region



Dr. Neeti Soni
AACCI Joint Incharge
Marathwada Region



Dr. Alka Ekbote
Volunteer AACCI
Marathwada Region



Dr. Swati Bhawe Lele
Executive Director AACCI



Dr. Samir Shah
National Coordinator &
Website Coordinator AACCI



Dr. Prashant Kariya
Incharge AACCI Youth Wing

Programme Organisers:

Dr. Neeti Soni

Dr. Alka Ekbote

Rank #1

12th Standard: According to me, my role as an adolescent is to gain as much knowledge as possible, practice self love ,self acceptance and to know how to deal with my mental health. Most importantly to learn how to be a model citizen and serve for my nation with i.e by figuring out what I'm going to pursue in future to be independent and pay my own bills

Rank #1:

8th standard: "My role as an adolescent is to stop blaming our past generations for the burdened world we live in. Instead, let's learn from their mistakes and fix our world. Though it sounds ambitious, it looks like the only plan. We've got just one Earth. Let's work together to save it"



Rank #2

11th standard: "You don't have to be a celebrity or a superstar to be a role model. Chances are if you're a parent, teacher, coach, religious leader, or manager, you're influencing people every day. Make it positive! Ensure that your words and actions are consistent. Treat others as you want to be treated."

8th Standard: "My role as an adolescent is to be better than the adolescents who are now adults. Not being selfish but prioritising yourself. Balancing between school, mental health, family, friends, physical health, extracurriculars, your interests and so on. Not punishing yourself if you fail to do so or for not standing up to the expectations. And though this is reiterated, be kind"

Selected Tweets

Criteria for Judging

Adolescents have a powerful voice, hence AACCI Marathwada region provided them an opportunity to express themselves on digital platform in form of a tweet. We received entries from all over the country.

Topic: My role as an Adolescent.

(word limit – 50 words)

- Content
- Originality
- Relevance to the topic
- Creativity

Judges



Ms. Arpita Jain



Ms. Rahi Kachole

AACCI Marathwada Region



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PHYSICAL ACTIVITY CHALLENGE WEEK



AACCI - WC MAHA - IAP (MARATHWADA ZONE) 2022



INTERNATIONAL ADOLESCENT HEALTH WEEK

(20TH - 26TH MARCH 2022)

TOPIC
PHYSICAL
ACTIVITY
CHALLENGE FOR
ADOLESCENTS AT
SCHOOL

IN ASSOCIATION WITH
BRILLIANT KID'S SCHOOL,
AURANGABAD



AACCI- ASSOCIATION OF ADOLESCENT AND CHILD CARE IN INDIA



Dr. Datta Kadam
AACCI Incharge
Marathwada Region



Dr. Neeti Soni
AACCI Joint Incharge
Marathwada Region



Dr. Manjusha Sherkar
AACCI Volunteer
Marathwada Region



Dr. Renu Boralkar
AACCI Volunteer
Marathwada Region



Dr. Swati Bhawe
Executive Director
AACCI



Dr. Samir Shah
AACCI National
Co-ordinator



Dr. Prashant Kariya
AACCI National
Youth Forum Incharge

Mr. Sunil Magar

Principal
Brilliant Kid's School, A'bad

Mrs. Reena Magar

Principal
Brilliant Kid's School, A'bad

Program Organisers

Dr. Manjusha Sherkar | Dr. Renu Boralkar

Physical Activity Challenge Week

AACCI Volunteers involved	Dr Manujusha Sherkar, Dr Renu Boralkar
Venue	Brilliant Kid's School, Aurangabad
Date & Time	21 st March to 26 th March 2022
Partner Organization	Brilliant Kid's School, Aurangabad Academy of Paediatrics
Conducted by	Students of 8 th & 9 th Std
Number of Attendees	75 +
Intention of the event	After doing online schooling for almost 2 years the children need to get back to active life.
Short description of Event -	Following were the challenges given to them 1. Suryanamaskar, 2. Bhujang asana 3. Hastasanchalan 4.Parvat asana 5. Hastapadasana 6. Pranayam Children were made to do these activities after assembly for 20 min every day for the whole week



Physical activity challenge for adolescents at school



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CHILD CARE IN INDIA

iAHW

INTERNATIONAL
ADOLESCENT **2022**
HEALTH WEEK

THEME: TRANSITIONS

20-26 March

LET'S CELEBRATE TOGETHER
CONCLUDING EVENT

WITH AACCI VOLUNTEERS
FROM ALL INDIA CENTERS AND FORUMS

26TH MARCH SATURDAY (TODAY)

8.30 PM



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ADOLESCENT
HEALTH WEEK

2022

THEME: TRANSITIONS

20-26 March

Total Activities – 52

No. of Beneficiaries -

> 10,000



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THEME: TRANSITIONS

INTERNATIONAL
ADOLESCENT
HEALTH WEEK

2022

20-26 March



**For more details
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to contact us



aacci2019@gmail.com



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INTERNATIONAL
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HEALTH WEEK

2022

THEME: TRANSITIONS

20-26 March

Report Compiled by

Dr. Samir Shah, Vadodara

National Co-Ordinator AACCI

Complements from

Dr. Swati Y. Bhave

Executive Director AACCI

